

# Prevention of Urinary Stones with Hydration (PUSH) Study is accepting remote participants!



Join a PUSH Webinar to learn about the study and referral process:

**December 17: 3-4pm ET**

**December 18: 5-6pm ET**

**Register at [www.usdrn.org](http://www.usdrn.org)**

- All study visits and procedures done remotely
- Results shared from 24-hour urine testing
- Key Eligibility Criteria:
  - Age 12 or older
  - Have passed or had a kidney stone removed in past 3-5 years
  - Low 24-hr urine volume
    - $\geq 18$  years old:  $< 2.0$  L/day
    - $< 18$  years old and weight  $< 75$ kg:  $< 25$  ml/Kg/day
  - Willing to use a smart water bottle and take part in behavior-change activities to increase fluid intake